

“Go and make disciples of all nations” [Mt 28:19]



MESSAGE

My dear young people,

As the incoming Chairman of the Episcopal Commission on Youth (ECY) and on behalf of the member bishops of the commission, I invite and encourage you to join the rest of the Church in the Philippines in the local celebration of the National Youth Day 2013 (NYD2013) this 16 December. This coincides with the start of the traditional Misa de Gallo, our immediate preparation for Christmas.

This year’s theme of the NYD is “Go and make disciples of all nations” [Mt 28:19], taken from Pope Benedict XVI’s Message for the 28th World Youth Day 2013 (WYD2013) held in Rio de Janeiro, Brazil from 23-28 July.

Inspired by this message, Pope Francis, our present pope, addressed the young people in his homily at the WYD2013 Closing Eucharist in Rio de Janeiro with the words Go, Do not be afraid and Serve. He exhorts us: “If you follow these three ideas, you will experience that the one who evangelizes is evangelized; the one who transmits the joy of faith receives joy. Do not be afraid to be generous with Christ, to bear witness to his Gospel.”

In the recent months, all of us have seen events that directly hit at the core of who we are as a country: the seemingly unending issues of graft and corruption, immorality and licentiousness, and the destruction of lives and properties brought about by calamities – natural and those that were products of human error. The displaced families in Zamboanga, the families affected by the typhoons, the families in Bohol and in Cebu that were torn by the earthquake, and the families who day by day struggle with poverty and discrimination: they all need our attention.

“Go and make disciples of all nations” [Mt 28:19]



Can we lend our ears and hearts to the words of Pope Francis? “Serve – go and bear personal witness to the love of God. Overcome selfishness; serve by bending down to wash the feet of our brethren, as Jesus did. Bringing the Gospel is bringing God’s power to pluck up and break down evil and violence, to destroy and overthrow the barriers of selfishness, intolerance and hatred, so as to build a new world.” Let our words and actions help instill hope and strengthen our faith and that of others. Let our prayers and acts of charity reach them.

May this NYD2013 celebration, aside from being a festive day to celebrate young people in the Church, be for all of us an opportune time to deepen our commitment to Jesus as His disciples. With Mary, Mother of Jesus and our Mother, and with the Church, may our Christmas be a celebration of our being true followers of the light – Jesus, who was once born in the manger, and who is seeking to be born every day in the world through us.

Also, join me in prayers and well wishes for a continued fruitful ministry to Bp. Joel Z. Baylon, DD, my predecessor. Let us thank him for the years he has led the Episcopal Commission on Youth and journeyed with you.

Happy NYD2013! In advance, I wish you all a blessed Christmas, fellow disciples and missionaries! Let us proclaim Christ, the Word made flesh, to everyone as the only Word we need to gain fullness of life!

+ Leopoldo C. Jaucian

+ LEOPOLDO C. JAUCIAN, SVD, DD

Incoming Chairman

CBCP-Episcopal Commission on Youth



CONCEPTUAL PLAN

Theme

The theme of the National Youth (NYD) 2013 ***“Go and make disciples of all nations”*** [Mt 28:19] is rooted on the Message of His Holiness Pope Emeritus Benedict XVI to the youth on the occasion of the 28th World Youth Day (WYD) held in Rio de Janeiro, Brazil last July 2013.

Rationale

In the Philippines, the Church observes the NYD as a special day for her great treasure, the youth. Traditionally set every 16th of December, this becomes an occasion for activities and events which highlight the Church’s preferential love for the youth.

The youth ministries in the dioceses and organizations spearhead the programs and undertakings in this regard, including the setting aside of the Mass collections during this day for the youth ministry.

The CBCP-Episcopal Commission on Youth prepares a formation program that is both formative (mainly with elements of catechesis, fellowship and worship) and festive, and proposes it for the use of the dioceses, organizations, parishes, schools and other settings in their celebration.



Objectives

At the end of this NYD2013 Formation Program, young people who participated are expected to have:

1. Reflected on Christ’s invitation to discipleship through the message of His Holiness Benedict XVI for the 28th World Youth Day 2013;
2. Lived their friendship with Jesus in worship (Sacraments, prayer, Bible reading, etc.), catechesis and fellowship; and
3. Responded to the Church’s call for them to become new generation missionaries.

Time Element

This program is designed for a full day.

Mode of Celebration

Date of celebration is 16 December 2013, or any date near it. This 2013 celebration will be in local levels, i.e. dioceses, vicariates, parishes, schools, youth organizations, etc.

Youth Ministry Awareness Week (YMAW)

The week preceding the NYD (09-15 December) is celebrated as YOUTH MINISTRY AWARENESS WEEK (cf. NYCC2003 Resolution). This weeklong celebration is spearheaded by the Regional Youth Coordinating Councils.



Sessions

The program is made up of three sessions, plus an introductory session at the start of the program.

A. Opening Session

1. Warming-Up Activity
2. Welcome Message
3. Getting-To-Know Activity
4. Orientation about the NYD
5. Guided Reading of the Message of the Holy Father for the 28th World Youth Day 2013
6. Opening Prayer

B. Session 1: *Via Discipuli* (The Way of the Disciple)

1. Introduction
2. Station Walk
 - a. Welcome
 - b. Gospel Reading
 - c. Commentary by the Facilitator
 - d. Reflection
 - e. Activity/Ritual
 - f. Going to the Next Station
3. Closing

C. Session 2: At the Master’s Feet

1. Introduction
2. Catechesis
3. Personal Reflection
4. Sharing
5. Question and Answer
6. Synthesis



D. Session 3: Go Forth, Missionaries!

1. Introduction
2. Gospel Reading
3. Activity
4. Parade
5. Processing
6. Synthesis
7. Challenge
8. Closing

E. Closing Session: “The Disciple’s Rosary” and Eucharistic Celebration

1. Introduction
2. Rosary
3. Eucharistic Celebration with Send-off Ritual

Important Notes

Roles and Responsibilities

1. **Main Facilitator:** A youth minister who spearheads the implementation of the entire program. He/She steers the entire Organizing Team towards providing the participants with a meaningful experience of the NYD2013 celebration. For example, at the level of the diocese, this role is suitable for the Diocesan Youth Director.
2. **Organizing Team:** Composed of youth ministers and leaders together with the Main Facilitator, and entrusted with the mission of implementing the NYD2013 formation program. Each of them works on specific areas connected to the program, such as animation, preparation of materials, training of facilitators, etc.

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3. **Emcees:** Youth ministers or leaders who lend assistance in guiding the participants in the session in plenary, and those parts of the program which are outside the modules. They may also be facilitators.

Note in selecting facilitators

When choosing facilitators, it will be helpful to consider some important skills. Facilitators should have good communication skills to be able to give clear instructions to the participants.

The facilitators should be able to contextualize the program and make it flow in a logical way. They should also engage and lead the participants to full and active participation in the activities.

Logistics

Overall, this formation program requires the following:

1. A suitable venue, spacious for moving around and for small group sharing, with smaller venues where the stations for the Station Walk can happen; and
2. Audio-visual equipment (sound system, microphones, LCD projector, computer, etc.)

Other materials are indicated in the modules.

If writing materials (i.e. pen, journal and some pieces of paper) will not be provided for the participants, it is important, when they are invited to this gathering, that they be informed to bring their own.

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Number of participants

Young people are welcome to participate; this is for them! However, to facilitate the flow of the program, and perhaps, also to consider the size of the venue, the number of participants need to be limited to a maximum of 500 persons; more than this number would require a simultaneous program to be held at another venue, or on a separate day.

Notes for the Organizing Team

Though your roles are specific and distinct, it is important that each one of you in the Organizing Team has a full grasp of the program. Following are concrete proposals to guide you as you assume your critical roles in this program:

a. Know the WYD2013 Message by heart, and make it your own.

It is beneficial for you to read and reflect on the Holy Father’s Message. Consider it personally addressed to you. Keep it present in your mind and heart everywhere and at all times. This will surely lead you to effectively carry out your role in this program.

b. Go through the whole process of each session over and over again!

Practice what you are going to say; write down your thoughts if necessary.

c. Be constantly present.

As you would notice, there are sessions or moments in a session where you will not have a direct task. However, it is helpful to be constantly present, actively participating in the activities, listening to the inputs and sharings. Be open to assist your teammates as needed, e.g. distributing handouts, animating, etc.



d. Pray.

It is God’s work that you partake in this NYD2013 celebration, so remain always connected to the Master. Pray to the Holy Spirit to guide you, the rest of the Organizing Team, and the participants, along a meaningful NYD2013 journey.

Sacraments of Reconciliation and Eucharist

Pope Emeritus Benedict XVI, in his WYD2013 message, said, “Find in the Eucharist the wellspring of your life of faith and Christian witness, regularly attending Mass each Sunday and whenever you can during the week. Approach the sacrament of Reconciliation frequently.”

Make available the Sacrament of Reconciliation during the NYD celebration, or encourage the participants to go to confession before coming to the NYD as part of their preparations.

The Holy Eucharist can be at the start of the program as a welcome activity, or at the end as send-off.



OPENING SESSION

Objectives

This Opening Session aims to gather the participants and set the formative mood of the whole program.

Materials

- ✓ Handout: What is the National Youth Day?
- ✓ Handout: Gospel passage
- ✓ Handout: Message for the XXVIII World Youth Day
- ✓ Bible
- ✓ Altar for enthronement

Time Element: 1 to 1 ½ hour

Flow

1. Warming-Up Activity

The formation program starts with a warming-up, normally an icebreaker or animation song, to set the proper mood and create a relaxed and conducive atmosphere.

2. Welcome Message

The Bishop, Youth Director, Parish Priest, or Head of the organization (depending on the setting of the celebration) welcomes the participants to this formation program and shares a short inspirational message.

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3. Getting-To-Know Activity

The facilitator thinks of an activity where the participants get to know each other. Consider the expected number of participants in creating an activity that will be most suitable (i.e. in keeping with the theme of the event) and will initiate camaraderie and openness among them.

4. Orientation about the NYD

The facilitator orients the participants on why the Church celebrates National Youth Day. Essential points of this orientation are:

What is the National Youth Day?

In 1986, the Catholic Bishops’ Conference of the Philippines, as a way of concretizing its preferential apostolate for the youth, approved the annual celebration of the NYD every 16th of December, the first day of the *Misa de Gallo* or *Simbang Gabi*.

Activities are centered on the theme offered by the Holy Father for the yearly celebration of the WYD.

How is the NYD celebrated?

The NYD is celebrated annually in the dioceses and organizations on 16 December, or on any day near it. Yearly, the ECY prepares the NYD conceptual plan and proposes activities for its celebration. Adaptation of the plan, to suit the local context, depends largely on the creativity and possibilities of each diocese or organization.

The NYD is also celebrated every two or three years through a national gathering. It is usually on a date near 16 December, and lasts for three days.

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When celebrated this way, the celebration’s local host assists the ECY in the planning and execution of the NYD events.

National Youth Day 2013

This year’s celebration will be at the local levels, i.e. in the dioceses and national youth organizations and in their networks of parishes, schools, local units, etc.

It follows the theme: ***Go and make disciples of all nations.*** [Mt 28:19]

5. Guided Reading of the Message of the Holy Father for the XXVIII World Youth Day 2013

For this part of the opening session, it would be good that the XXVIII WYD Message is presented creatively. Reading the WYD Message is very important in order for the young people to enter into the spirit and hold on to the foundation of the NYD formation program.

Suggested Strategies:

Option 1: As a separate activity prior to the NYD celebration

While this segment is part of the overall flow of the opening session, the organizers can opt to make the “Guided Reading” a separate activity prior to the NYD celebration itself, thus serving as a preparatory activity for the participants who will join the NYD2013 celebration. With this, they will have more time to read, reflect and share on the message of the Holy Father, making them more properly disposed to participate in the big celebration.

If this pre-NYD activity is done, then at the start of the actual NYD celebration, the emcees may share a summary of the message.



Option 2: Within the NYD2013 celebration

The facilitator may choose one from among the suggestions below.

- a. *Divide the participants into small groups. With the help of a facilitator, each one reads every paragraph of the WYD2013 Message. As they follow the reading, they underline striking words/sentences from the reading. After reading the entire message, the facilitator invites each one to read aloud the meaningful lines which they find striking from the WYD2013 Message. Then, the facilitator encourages them at the end to allow the words of the Holy Father to guide them throughout the experience of the NYD2013.*
- b. *Divide the participants into small groups. Assign parts of the message to each and every group for them to read and reflect on. Invite the participants to underline the striking words/sentences from the reading. After reading, everyone is invited to proclaim the striking words/sentences.*
- c. *Assign readers who will read the text aloud dramatically in the assembly while the rest of the participants follow silently with their own copies.*

Note: It may be worthwhile to translate the entire message, or some significant parts of it, to the local dialect for the participants to better understand and appreciate the WYD message they will read either before coming to the NYD celebration or at the beginning of the celebration.

6. Opening Prayer

- a. Opening Song

Suggested: Pagkakaibigan (Charlie Cenzone, SJ), Narito Ako (Rene San Andres), Be Not Afraid (Bob Dufford, SJ), Here I am, Lord (Dan Schutte)



- b. Bible Enthronement with Veneration

While the song is being sung, the Bible is enthroned in the altar. The facilitator invites the participants to venerate the Bible.

- c. Scripture Reading [Mt 28:16-20]

Read the Scripture Reading in English, then in your local dialect.

- d. Short Exhortation

The facilitator gives a short exhortation about the Scripture Reading.

- e. Prayer

This prayer may be projected via PowerPoint for everyone to read aloud, or a prayer leader may invite the assembly to repeat after him/her the prayer that he/she will read aloud.

Jesus, our Brother and Friend, through Your Gospel, we were reminded that You put Your trust in each and everyone of us, through the mission that we have received from You: “Go and make disciples of all nations.” We would like to take to heart Your missionary call as we begin this gathering. May this experience lead us to follow You more closely and love You more deeply. Nourished by Your love and friendship, may we fully embrace the call of discipleship, and in turn fulfill the mission of proclaiming You to our family, friends, and our community. This we ask in Your Holy Name. Amen.

- f. Closing Song

Suggested: “Hope of the Dawn” (WYD2013 Theme Song)



SESSION 1: *Via Discipuli* (The Way of the Disciple)

To be animated by a team of facilitators

Objectives

1. To learn the way of discipleship from Jesus, our Master, who led his chosen disciples to follow and serve Him
2. To commit themselves to become faithful disciples of Jesus

Materials

- ✓ Holy Bible, Big Cross/Crucifix

(Per Station)

- ✓ First Station: Altar decoration (cloth, 2 vigil candles, ornamental plants), basket, strips of paper/sticky notes
- ✓ Second Station: Altar decoration
- ✓ Third Station: Altar decoration, vigil candles, Icon of Friendship, postcard-like paper, marker pens, crayons, mats, SILENCE placards
- ✓ Fourth Station: Altar decoration, heart-shaped papers, writing materials

Time Element: 2 to 2 ½ hours

The facilitators are encouraged to make the experience more meaningful and engaging through creative initiatives that are appropriate for this session.

For a large number of participants, it is recommended that the organizers make simultaneous sessions in smaller groups or clusters, to make it more manageable. Thus, it will be required to train a group of facilitators who will animate the session.



Clustering of areas for the station walk should be strategized for the simultaneous sessions to ensure the smooth flow of the walk/procession.

Materials per station should also be well-prepared and set-up towards a prayerful and reflective flow of the session.

The participants can be tapped to help in doing the following tasks/roles before the session:

- + Bible bearer
- + Gospel readers
- + Cross/Crucifix bearer
- + Candle bearers

Flow

1. Introduction

a. Welcome and Orientation by the Main Facilitator

Introduce the session to the participants, explaining that what they are going to experience is a journey of reflecting on the call of discipleship that they have received from Jesus, learning from how the disciples learned the way of discipleship from the Lord Jesus.

b. Song Practice

Allow some time to teach the songs/Taizé chants which will be used in the session.

c. Mood Setting

Set the proper reflective atmosphere to begin the session.

“Go and make disciples of all nations” [Mt 28:19]



Walk towards the first station while singing the chorus of "Hope of the Dawn" (WYD2013 Theme Song). The Cross/Crucifix bearer, Bible bearer and candle bearers lead the walk towards the first station.

2. Station Walk

First Station: A Disciple Listens to the Master

a. Welcome

The facilitator joyfully welcomes the participants to the first station.

Then, he/she prepares the participants to listen to the Word of God by inviting them to place their hands over their heart and bow down their heads as a sign of reverence and openness to listen to the Gospel. This gesture is done whenever the Gospel is proclaimed in each station.

b. Gospel Reading: Lk 5: 1-11

To be read aloud in English or local language/dialect

As the Gospel text is read, there may be a mime where actors will dramatize the story.

While the crowd was pressing in on Jesus and listening to the word of God, he was standing by the Lake of Gennesaret. He saw two boats there alongside the lake; the fishermen had disembarked and were washing their nets. Getting into one of the boats, the one belonging to Simon, he asked him to put out a short distance from the shore. Then he sat down and taught the crowds from the boat. After he had finished speaking, he said to Simon, “Put out into deep water and lower your nets for a catch.” Simon said in reply, “Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets.” When they

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had done this, they caught a great number of fish and their nets were tearing. They signaled to their partners in the other boat to come to help them. They came and filled both boats so that they were in danger of sinking. When Simon Peter saw this, he fell at the knees of Jesus and said, “Depart from me, Lord, for I am a sinful man.” For astonishment at the catch of fish they had made seized him and all those with him, and likewise James and John, the sons of Zebedee, who were partners of Simon. Jesus said to Simon, “Do not be afraid; from now on you will be catching men.” When they brought their boats to the shore, they left everything and followed him.

c. Commentary by the Facilitator

- + What did Jesus tell Simon to do that led him and the fishermen to witness a miracle? Why was it a miracle? – “Put out into deep water and lower your nets for a catch.” It was a miracle because they “have worked hard all night and have caught nothing”, yet they caught a great number of fish after listening to/obeying Jesus.
- + When they listened to Jesus’ words, they witnessed a miracle from Him. More importantly, because they listened to Him, then they received His important invitation of becoming His disciples. “Do not be afraid, from now on you will be catching men.”
- + A PERSON BECOMES A DISCIPLE BY THE VERY FIRST STEP OF LISTENING. A DISCIPLE LISTENS TO HIS/HER MASTER. Listening to the Master’s call is the start of being a disciple, just as Simon did in the gospel, where he listened to Jesus’ command, left his boat and followed Him.
- + As Christians, we are all disciples of Christ. As disciples, how much do we truly listen to Him? We have seen from Peter’s example that as we listen to the Master’s invitation, we can see/identify God’s will for



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us. We have learned that the more Simon Peter listened to Jesus, the more he trusted His words “Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets.”

From the WYD2013 Message: Pope Benedict XVI reminds us in his message that “being a disciple of Christ... means listening ever anew to the invitation to follow him and look to him: “Learn from me, for I am gentle and humble in heart.” [Mt 11:29]

d. Reflection

- + Imagine the Lord Jesus saying to you now the same words He said to Simon Peter: “Do not be afraid; from now on you will be...” What particular action does Jesus instruct/call you to do?
- + Simon and the other disciples cast their nets aside and left their boats to follow Jesus. In your life, what could be the boats and nets, i.e. particular things, events or attachments, that Jesus asks you to leave for the sake of following Jesus’ call? For example, a habit, a hobby, an attitude, etc., anything which prevents someone from listening to God’s call.

The facilitator shares his/her personal answer to the question as a way of guiding the participants to their personal reflection. Then, he/she gives them 3 minutes of silence for reflection.

e. Ritual

The participants will be invited to write down in small strips of paper/sticky notes those they are willing to give up or leave for the sake of following Jesus’ call. Then, they will offer these in an altar/sacred space prepared in this station.



“Go and make disciples of all nations” [Mt 28:19]

Reflective background music accompanies the ritual.

f. Going to the Next Station

As we walk towards the next station, let us sing the Taizé chant, “Diyos, Pabalingin Mo”, as our prayer asking for the grace of a listening heart; so that we may always be willing and ready to follow our Master who calls us to serve Him.

The Cross/Crucifix bearer, Bible bearer and candle bearers lead the walk towards the next station.

Second Station: A Disciple Learns from the Master

a. Welcome

The facilitator joyfully welcomes the participants to the second station. After the welcome, the participants are invited to place their hands over their heart and bow down their heads while listening to the Word of God.

b. Gospel Reading: Mt 16:24-25

To be read aloud in English or local language/dialect

An assigned reader reads aloud the Gospel text. As verse 24 is read, assigned participants post in front the following words written on placards:

DENY ONESELF...
TAKE UP ONE’S CROSS DAILY...
FOLLOW JESUS...

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(Then) Jesus said to his disciples, “Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it.”

c. Commentary by the Facilitator

- + What important lesson about discipleship did Jesus teach his disciples? – deny oneself, take up one’s cross, and follow Jesus. This is an important lesson on discipleship which Jesus wants us all to learn and take to heart.
- + Coming from the previous station where we were led to listen to our Master who calls us to follow him, in this moment, we look back on how Jesus’ disciples learned from His words.
- + A DISCIPLE LEARNS FROM THE MASTER. Reading from the Gospels, we can witness how each of His disciples learned from Jesus – from His words, His stories (parables), but most of all, from His life and example.

From the WYD2013 Message: Pope Benedict XVI reminds us in his message that “a disciple is a person attentive to Jesus’ word, someone who acknowledges that Jesus is the Teacher who has loved us so much that he gave his life for us.

Each one of you, therefore, should let yourself be shaped by God’s word every day. This will make you friends of the Lord Jesus and enable you to lead other young people to friendship with him.”

“Go and make disciples of all nations” [Mt 28:19]



d. Reflection

- + What words from Jesus (i.e. a Gospel verse) do you take to heart and live by as His disciple?

The facilitator shares his/her personal answer to the question as a way of guiding the participants to their personal reflection. Then he/she gives them 3 minutes of silence for reflection.

e. Activity

The facilitator invites the participants to turn to the person next to them and share with each other the teaching/saying of Jesus which they have chosen, and why they chose this as something which they take to heart and live as Jesus’ disciples (5 minutes).

Then, the facilitator invites the participants to form small groups (depending on the total number of participants). In a round of proclamation, each one will say aloud the Gospel verse that they have chosen.

f. Going to the Next Station

Jesus, our Master and our Friend, calls us to continue learning from His words and His life. As we walk towards the next station, let us continue to ponder in the silence of our hearts the words of Jesus that we have just heard from one another, and ask for His grace that His words may truly live in us, and make us grow in our faithfulness as His disciples.

Walk towards the next station quietly and prayerfully. The Cross/Crucifix bearer, Bible bearer and candle bearers lead the walk.

“Go and make disciples of all nations” [Mt 28:19]



Third Station: A Disciple Remains in the Master

a. Welcome

SILENCE placards are posted on prominent areas around the venue.

As the participants arrive in the station, they will be invited to find their own space facing the altar and sit down quietly. Those who are carrying the Cross/Crucifix and the candles will place these on the altar. Then, everyone sings the Taizé chant “Stay with Me”.

Afterwards, the participants are invited to place their hands over their heart and bow down their heads while listening to the Word of God.

b. Gospel Reading: Jn 15:4-8

To be read aloud in English or local language/dialect

As the Gospel text is read, dramatic images of Christ related to the message of the Gospel may be shown via PowerPoint.

Remain in me, as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing. Anyone who does not remain in me will be thrown out like a branch and wither; people will gather them and throw them into a fire and they will be burned. If you remain in me and my words remain in you, ask for whatever you want and it will be done for you. By this is my Father glorified, that you bear much fruit and become my disciples.

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c. Commentary by the Facilitator

- + What is Jesus’ invitation to His disciples in the Gospel? – Remain in Me.
- + As we continue our *Via Discipuli*, we are reminded that the way of discipleship becomes more meaningful if THE DISCIPLE REMAINS IN THE MASTER.
- + Jesus points out that the life of a disciple is based on the union / relationship between the disciples (branches) and the master (vine). He stresses the impossibility of producing fruit apart from Him.
- + Remaining in the Lord Jesus does not only mean believing in Him but also doing concrete actions manifesting and also strengthening the harmonious and strong connection/relationship with Him.

From the WYD2013 Message: Pope Benedict XVI reminds us in his message that those “who come to Jesus and experience his love, immediately want to share the beauty of the meeting and the joy born of his friendship. The more we know Christ, the more we want to talk about him. The more we speak with Christ, the more we want to speak about him. The more we are won over by Christ, the more we want to draw others to him.”

d. Reflection

In this moment, our Master invites us in a special way to remain in Him. Let us spend the next 3 minutes in prayerful silence before our Master, allowing Him to embrace us and affirm us with His love.

Observe complete silence for 3 minutes. No background music is played at this moment.

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e. Ritual

After experiencing Jesus in silent prayer, our Master invites us to maintain our friendship with Him, to always remain in Him. How will we respond to His invitation? What particular action will I do in order for me to always remain in Jesus (*e.g. visit the Blessed Sacrament as often as possible, attend Mass regularly, receive the Sacrament of Reconciliation, build the habit of reading the Scriptures, etc.*)?

Each one is given a postcard-like paper, marker pens and/or crayons. They will write in a short statement their response to Jesus’ invitation to remain in Him. They will do this in 5 minutes.

After the time is over, the participants return the materials used to the facilitator. Then they prepare themselves to walk to the last station.

f. Going to the Next Station

The facilitator reminds the participants that they will bring with them the postcards containing their statement. These will serve as reminders for them to remain always in Jesus, something which they should faithfully do to keep their friendship with Him as His disciples.

Everyone sings “Pagkakaibigan” while walking towards the next station. The Cross/Crucifix bearer, Bible bearer and candle bearers lead the walk.

Fourth Station: A Disciple Obeys the Master

a. Welcome

The facilitator joyfully welcomes the participants to the final station. He/She also provides a link of their experiences from all the stations.

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The participants are invited to place their hands over their heart and bow down their heads while listening to the Word of God.

b. Gospel Reading: Jn 13:34-35

To be read aloud in English or local language/dialect

Copies of the Gospel text are given to the participants. They read aloud in chorus the Gospel text.

Jesus tells us, “I give you a new commandment: love one another. As I have loved you, so you also should love one another. This is how all will know that you are my disciples, if you have love for one another.”

c. Commentary by the Facilitator

- + According to Jesus, how will the people know that we are His disciples? If we have love for one another.
- + A DISCIPLE OBEYS THE MASTER. In the Gospel we have heard, the great commandment that He wants His disciples to obey and do is this - to LOVE.
- + We all know that all the commandments are summed up into two: “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind,” and “love your neighbor as yourself” [cf. Mt 22:36-40]. This is what our Master wants His disciples to keep in their heart and fulfill – loving Him as expressed in the way they love one another.

From the WYD2013 Message: Pope Benedict XVI reminds us, “Dear friends, open your eyes and look around you. So many young people no

“Go and make disciples of all nations” [Mt 28:19]



longer see any meaning in their lives. Go forth! Christ needs you too. Let yourselves be caught up and drawn along by his love. Be at the service of this immense love, so it can reach out to everyone, especially to those far away.”

d. Reflection

In what area of my life is Jesus asking me to obey His commandment of love (e.g. in my family, in my friends, in my community, etc.)?

The facilitator shares his/her personal answer to the question as a way of guiding the participants to their personal reflection. Then, he/she gives them 3 minutes of silence for reflection.

e. Ritual

The facilitator gives heart-shaped strips of paper where the participants will write the person/group/situation where they feel the Lord Jesus is directing them to bring love. They do this in prayerful silence.

After they have finished writing, the facilitator invites everyone to place the paper over their chests and bow their heads, as they pray for the grace that they may become truly obedient disciples of Christ. Staying in that position, they sing together a song to wrap up the station.

Suggested song: “Power of your Love” (Geoff Bullock), “Panunumpa” (JBoy Gonzales, SJ), or any appropriate and familiar song

f. Going to the Main Assembly Area

Participants sing a Taizé chant as they go back to the main assembly area. Suggested chant: “Sa Pagmamahal” (Taizé), “Diyos ay Pag-Ibig” (Taizé)

“Go and make disciples of all nations” [Mt 28:19]



3. Closing

a. Personal Reflection

In a short period of silence (3 minutes), the facilitator invites everyone to reflect:

- + How did Jesus affirm you in this prayer experience?
- + What have you learned about discipleship from the Master (Jesus)?

b. Sharing by Pair

After the reflection, the facilitator instructs the participants to turn to the person next to them and share the fruits of their reflection. They will do this in 5 minutes.

c. Synthesis

The facilitator acknowledges everyone for their active participation in the prayer experience. To sum up the activity, he/she gives emphasis again to what our Master, Jesus, teaches us about the way of discipleship:

- + Listening to the Master
- + Learning from the Master
- + Remaining in the Master
- + Obeying the Master

d. The Lord’s Prayer

e. Blessing by the Bishop/Priest/Deacon

f. Song: “Hope of the Dawn” (WYD2013 Theme Song)



SESSION 2: At the Master’s Feet

Objectives

1. To be affirmed of the call to discipleship which they have received from Jesus
2. To understand the Great Commission, the mission of New Evangelization that the Lord is giving to them as His disciples
3. To learn from the example of young saints who fulfilled the mission of proclaiming Jesus to the world

Materials

- ✓ PowerPoint/handouts of the input c/o the Catechist
- ✓ Posters showing the profile and sayings of young saints and blessed presented in a creative and youthful way, e.g. like a Facebook profile / Twitter post

Time Element: 1 to 1 ½ hours

A catechist (e.g. a bishop, a priest, a religious woman or man, or a lay person) is invited to give the catechesis to the assembly. He/She is encouraged to make his/her input more dynamic and interactive through creative means, and guided by the proposed points further below.

Within the venue, the posters of young saints and blessed are put up.

Before the session starts, the facilitator invites the participants to take time to get familiar with these young saints and blessed by going around and looking at/reading their profiles and sayings.



Flow

1. Introduction

As part of the introduction, the facilitators lead the participants in some icebreakers to energize them and prepare them for the session.

Then, the emcee introduces the Catechist who will give the input on the session theme.

2. Catechesis

a. Defining discipleship through the life of the disciples with Jesus

The Catechist recalls the meaning of discipleship as elaborated in the previous session, Via Discipuli.

- + Listening to the Master – Saying YES to the Lord’s invitation to a relationship and entering into a life of faith (Evangelization)
- + Learning from the Master – Deepening one’s relationship with the Lord through formation in the faith (Catechesis)
- + Remaining in the Master – Growing in relationship with Jesus through the community (Fellowship)
- + Obeying the Master – Sharing in the mission of Jesus in the bigger context of society (Social Action and Leadership)
- + In all these steps, nurturing one’s relationship with the Master is essential (Worship)

The way of discipleship is linked to the components of youth ministry as stated in KA-LAKBAY. Youth ministry should accompany the young to experience these for them to fully embrace the call of discipleship and mission.



b. Young people as disciples and missionaries

History shows how many young people, by their generous gift of self, made a great contribution to the Kingdom of God and the development of this world by proclaiming the Gospel. Filled with enthusiasm, they brought the Good News of God’s love made manifest in Christ; they used the means and possibilities then available, which were far inferior to those we have today (cf. WYD2013 Message, no. 1).

The facilitator presents the lives of St. Pedro Calungsod and of other young disciples and missionaries, some of which were WYD2013 Patrons and Intercessors: St. Sebastian, St. Therese of Lisieux, Bl. John Paul II, Bl. Laura Vicuna, Bl. Chiara Luce Badano, Bl. Pier Giorgio Frassati, Bl. Frederick Ozanam, St. Andrew Kim, Bl. Adilio Daronch, Bl. Isidore Bakanja, St. Teresa of the Andes and Bl. Albertina Berkenbrock. These patrons and intercessors serve as examples of faithfulness to the Christian life and zeal in fulfilling the mission entrusted to us by Christ.

The facilitator challenges the participants to follow the examples of these their fellow young people and dares them to become, like them, new generation missionaries.

c. The Great Mission of Evangelization

The facilitator guides the participants to understand the Great Commission in the context of evangelization; and to reflect on how Jesus, after fulfilling the plan of salvation for humankind, gave the Great Commission to His disciples, proclaiming the Good News and building His kingdom here on earth [cf. Mt 28:19].



What does the Church say about Evangelization? Pope Emeritus Benedict XVI, through his WYD2013 Message, simply puts it as:

- + Making Christ known
- + Bringing God’s love made manifest in Christ
- + To evangelize means to bring the Good News of salvation to others and to let them know that this Good News is a person: Jesus Christ
- + The most precious gift that we can give to others

The Catechist is also encouraged to share his/her transforming experience of the love of God, i.e. his/her story of evangelization.

- + “Evangelization... is a service rendered to the Christian community and also to the whole of humanity, a duty we have received from the Lord... a program of life and action, and a fundamental commitment” (Evangelii Nuntiandi, no. 1)

Why should we evangelize?

- + “The conditions of society in which we live oblige all of us therefore to revise methods, to seek by every means to study how we can bring the Christian message to modern man. For it is only in the Christian message the modern man can find the answer to his questions and the energy for his commitment of human solidarity” (EN, no. 3)
- + “The proclamation of the good news in different contexts of the world — marked by the processes of globalization and secularism — places different challenges before the Church: at times in an outright religious persecution, at other times in a widespread indifference, interference, restriction or harassment” (Proposition 13, Synod on the New Evangelization)

“Go and make disciples of all nations” [Mt 28:19]



How can the young people effectively participate in this mission of evangelization?

- + “We can effectively participate in this mission through becoming His witnesses: let us be at the service of His immense love, so that it can reach especially those who are ‘far away.’” (WYD2013 Message, no. 4)
- + “Go and make disciples of all ‘nations’: we are invited to enter into different areas of our lives, such as families, communities, places, of study and work, groups of friends and places where we spend our free time. The joyful proclamation of the Gospel is meant for all the areas of our lives, without exception.” (WYD2013 Message, no. 4)
- + Pope Emeritus Benedict XVI also challenges us to evangelize in the field of social communications and in the area of travel and migration.
- + This invitation was further affirmed also by Pope Francis in the message he gave to the participants of the Philippine Conference on New Evangelization (PCNE) last 16-18 October 2013 at the University of Santo Tomas: “Don’t get tired of bringing the mercy of the Father to the poor, the sick, the abandoned, the young people and families. Let Jesus be known in the world of politics, business, arts, science, technology and social media.”
- + The Second Plenary Council of the Philippines (PCP II) recognizes that young people are the effective evangelizers of their fellow youth: “Committed Catholic youth are the best evangelizers of other young people... Even when young, they should be involved in a parish or transparochial apostolate after due training. They should be given a place in parish pastoral councils” (cf. PCP II, no. 651).

“Go and make disciples of all nations” [Mt 28:19]



The Catechist may also give examples at the local context, those situations where the Filipino Catholic youth are challenged to evangelize.

What should be our attitude as disciples sent for this mission of evangelization?

- + We need to have an attitude of prayer. “The harvest is plentiful, but the laborers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field” [Lk 10:2]. Cardinal Tagle, in the PCNE Closing Mass, emphasized, “Our first response should be prayer, knowing that the laborers will come from the Lord of the harvest. He will choose and send the laborers.” (Homily of Luis Antonio Cardinal Tagle, PCNE, 18 October 2013)
- + Our Holy Father, Pope Francis, calls us to “share the Gospel to all people with humility and joy” as a fruit of our experience of Christ’s love in His Church (cf. Message for the PCNE, 18 October 2013).
- + “We are sent as humble and poor servants of the kingdom and its message. We are not sent in order to prove something to God or to ourselves... but simply to share the richness that we have heard, seen and touch... We go only with what really matters, the message of the kingdom of God.” (Homily of Luis Antonio Cardinal Tagle, PCNE, 18 October 2013)

The facilitator encourages the participants to dare to become Christ’s disciples who share in His mission of making His kingdom known.

- + Pope Francis encourages us all: “Go, do not be afraid, and serve. Go, do not be afraid, and serve. If you follow these three ideas, you will experience that the one who evangelizes is evangelized; the one who transmits the joy of faith receives more joy. Dear young friends... do not be afraid to be generous with Christ, to bear witness to his



“Go and make disciples of all nations” [Mt 28:19]

Gospel.” (Homily of Pope Francis for the Closing Mass of WYD2013, 28 July 2013)

3. Personal Reflection

The facilitator invites the participants to be in silence for 5 minutes to reflect on the following questions:

- a. Did the ideas shared about evangelization speak of your own story of evangelization?
- b. In what way are you challenged to fulfill the mission of evangelization as Jesus’ disciple?

4. Sharing

The facilitator invites the participants to share with their seatmate their reflection for 10 minutes.

5. Question and Answer

If there is enough time, an open forum can be done on this part (a maximum of 15 minutes).

6. Synthesis

The facilitators synthesize all the things discussed in the open forum. Afterwards, an appropriate closing song may be sung, e.g. Hope of the Dawn (WYD2013 Theme Song), Young People Heed the Call (from the ECY 25th Anniversary Album: XXV-Rooted in Christ, Firm in the Faith), etc.



“Go and make disciples of all nations” [Mt 28:19]

SESSION 3: Go Forth, Missionaries!

Objectives

1. To bring to the youth’s awareness the challenges of today where Jesus calls them to become new generation missionaries
2. To respond to Jesus’ invitation to become new generation missionaries through their concrete actions plans

Materials

- ✓ Scissors
- ✓ Writing Pens
- ✓ Markers
- ✓ Cartolinas of different colors
- ✓ Wood sticks (for the cartolinas)
- ✓ Thumbtacks

Time Element: 2-3 hours

For an assembly of 300-500 participants, it is recommended that they be divided into small groups (of 20-30 in a group) to make the activity more manageable. With this, there should be enough facilitators who will facilitate the session in the small groups.

Flow

1. Introduction

The Main Facilitator welcomes the participants to the session.

To begin, he/she tells a simple story about the sunflower, and how we can learn about faith and mission through it.



The Faith of the Sunflower

Has anyone of you seen a sunflower? It is a beautiful kind of flower, isn't it? You will appreciate it even more when you see a field full of sunflowers. Do you know the reason why they are actually called sunflowers? It is because during the day, sunflowers turn their faces towards the sun. And when the sun finally sets, they all bow down. Amazing, isn't it?

The way that sunflowers turn their faces towards the sun is something we can reflect upon. Like these flowers, we grow in faith when we turn our face to the Son of God. This is what we have learned from the previous sessions: learning the meaning and value of discipleship from the Master himself, and how our discipleship is deepened and becomes fruitful as we partake in the Master's life and mission.

In doing our mission as good Christians, we gather strength and life, as sunflowers do with the sun, when we turn to Jesus and ask for His guidance and strength. He is the One who summons and instructs us, giving us power and authority to fulfil the mission He is giving us.

2. Gospel Reading: Mk 6:7-13 (The Mission of the Twelve)

The facilitator invites everyone to listen attentively and wholeheartedly as the Gospel text is read aloud.

Text Analysis: The facilitator asks the following questions to the participants as a way of looking back to what was read to them earlier.

- + To whom is Jesus talking to in the Gospel? (verse 7)
- + What did He summon them for? (verse 7)
- + How did Jesus instruct them? (verses 8-11)
- + What did the disciples do after? (verses 12-13)



The facilitator gives emphasis on the following insights from the Gospel:

Jesus shares the mission to the disciples

He summoned the Twelve and gave them power and authority to do what He already does – driving out demons, healing the sick, proclaiming the Reign of God. Jesus is also giving us the same power and authority today.

Jesus gave them instructions how they will set forth on a mission

We learned from the Gospel how He prepared the disciples in the mission that they are about to take. Jesus prepares us also today, as we look into the present realities and challenges where He calls us to become **new generation missionaries**.

New generation missionaries face modern concerns, which are called by Pope Benedict XVI as the “signs of the times.” These are the situations and concerns that the new generation missionaries must face and be involved in. It is in these situations that we are being called to be missionaries to give hope and to spread light from our “sun”, who is Jesus Christ. We are being called to make a stand and take action.

In our present time, we also have young people who serve as examples of becoming new generation missionaries:

Efren Penaflorida: He was named “CNN Hero of the Year 2009”. Founder of “Dynamic Teen Company”, which offers Filipino youth an alternative to street gangs through education, recreating school settings in unconventional locations such as cemeteries and trash dumps.

Kcat Yarza: A young lady who calls herself an “able disabled”. Despite her physical suffering caused by her Neurofibromatosis Type 2 disease, she never fails to inspire many people to remain optimistic in life through



her graphic artworks and her articles posted every other week on the Manila Bulletin.

Ernesto Gaspan: An honest taxi driver who returned about P 100,000 in cash and a laptop computer left in his cab's trunk by an overseas Filipino worker. His own poverty did not prevent him from doing what is right and just.

Ann Martha Padilla: A young person suffering from cerebral palsy who was recently featured in “Tunay na Buhay” of GMA. She shared the mission she has found in life despite her sickness, i.e. to become a prayer-warrior. A number of people have also testified that they have received the grace that they are praying for through Ann’s intercession.

They are just some of the young people who respond to the call of mission in their own way. Certainly, there are many more unknown new generation missionaries who have committed themselves to proclaim Christ in different ways. Worth mentioning here are the online bloggers and social media users who boldly share their Catholic faith and stand up for Christ, despite ridicule and rejection that they receive from other netizens. We also have fellow Filipinos in many parts of the world who are actively involved in parish communities; they help in keeping the faith alive in places where many people seem to have turned their backs to the Church.

What about you, can you add yourself up to the list of new generation missionaries? In what way are you invited to participate in this mission?

3. Activity (30 minutes)

The facilitator presents on metacards various issues affecting the youth; other issues in the local context can also be added by the facilitator:

- + War and conflict in Mindanao and in Syria
- + Pork barrel



- + Persecution of Christians in the Philippines and around the world
- + Abortion and RH Law
- + Human trafficking
- + Religious indifference
- + Internet and social media
- + Migration
- + Mining
- + Exploitation of the environment
- + Bullying

The facilitator divides the participants into small groups. Each group is assigned a particular concern (one metacard for each group). They reflect and discuss in their small group the following:

- a. In what way does this particular concern affect you as a Catholic youth?
- b. Where is the Lord in this issue/situation?
- c. How do we "go and make disciples" in this issue/situation?

As a fruit of their discussion, the group comes up with a slogan as their statement on the area of concern assigned to them, expressing how they are called to “go and make disciples” in that particular situation. They write the slogan on a cartolina and attach it to a stick, making it into a placard.

4. Parade (30 minutes)

To concretize the “youth slogan” as the youth’s stand and voice regarding the issues of concern, a short parade of slogans will be organized outside the venue, i.e. on the streets (prior arrangement with barangay officials may be required).

“Go and make disciples of all nations” [Mt 28:19]



The participants are instructed to shout yells/chants on the area of concern assigned to them while going around the community, and to observe the reaction of the people seeing them on the streets as they do the parade.

After the parade, allow some 10-15 minutes for break before continuing the session.

5. Processing

The facilitator asks the small groups to gather and discuss the following questions:

- + What did you feel during the parade?
- + What are the reactions of the people who have witnessed the parade?
- + Do you have any new insights or challenge/s from the experience?

6. Synthesis

To be a Christian is to live where we are according to our faith, and especially in front of issues which require the light of the Gospel. We have learned that by turning our hearts to Jesus, like the sunflower turning its head to the sun, we are given renewed faith and strength in our mission to *“make disciples of all nations.”*

We become aware that the issues and challenges that we encounter in life and in society are opportunities where we are called to be missionaries of Christ. Amidst all these experiences, as new generation missionaries, we must not lose hope and faith but rather turn to Jesus, the one who nourishes us with the energy we need, just as the sun does to the sunflowers.

7. Challenge

The facilitator gives the participants an assignment for a follow-up activity:

“Go and make disciples of all nations” [Mt 28:19]



To be a missionary is an ongoing process that continues in our daily lives. The objective of this activity is to further concretize our “youth slogan,” where we will do a follow-up activity with the suggested actions to do:

- + Together as a group, make a specific plan of action to address these issues:

For this part, the facilitator groups the participants according to their respective settings (e.g. into parishes if the celebration is at the diocesan/vicariate level; into classroom groups if the celebration is in a school; etc.) to make their group plan of action. They will do the planning in 20-30 minutes.

After the planning, the facilitator presents other proposals which they can do as new generation missionaries beyond the NYD2013 celebration:

- + Post the “youth slogan” in social media, e.g. Facebook, Twitter, Instagram, blogs, etc., using the hashtag: #NewGenMissionary #NYD2013 #Goandmakedisciples
- + Post it outside your home where it can be visibly read by people
- + Post it outside the parish church where parishioners can visibly reflect on them

8. Closing

As a way of closing, a song may be sung by everyone, e.g. Jam (from the “Himig Handog sa Makabagong Kabataan” album), Make A Stand (CBCP Year of the Youth theme song) or any other appropriate song.



CLOSING SESSION

“The Disciple’s Rosary” and Eucharistic Celebration

Objectives

1. To reflect on the Mysteries of Light, the public ministry of Jesus
2. To be inspired by the life and example of Saint Pedro Calungsod and of the Blessed Virgin Mary, our mother and first disciple of Jesus

Materials

- ✓ Images of the Blessed Virgin Mary and Saint Pedro Calungsod
- ✓ Rosaries
- ✓ Missionary Cross (for each participant)

Time Element: 1 hour

Preparation

The facilitators can make the animation of the rosary more prayerful and meaningful through creative means, e.g. forming a huge rosary by lighting a vigil candle as the assembly prays each bead, using multimedia presentation, dramatizing the Gospel passages, etc.

At the altar, set the images of the Blessed Virgin Mary and of Saint Pedro Calungsod. Ensure that all participants have their own rosaries.

Remind the participants to observe a quiet and reflective atmosphere for the prayer.



1. Introduction

At one time or another, all Christian leaders are confronted with the command of Jesus found in the Great Commission that says, “Go and make disciples of all nations.”

This is the great missionary mandate that Christ gave to the whole Church, and today, two thousand years later, it remains as urgent as ever. This mandate should resound powerfully in our hearts.

Praying the Holy Rosary together, we reflect on the Mysteries of Light, journeying with Jesus as we reflect on His public ministry – fulfilling the mission He has received from the Father, looking unto Him as our example of selfless love as He brought the message of God’s reign to the poor and sinners, whom God calls blessed. Let us open our hearts to receive God’s grace as we join in this prayer, so that we may be truly filled with His love, which impels us to give our lives for the mission of building His kingdom.

May the example of St. Pedro Calungsod, who offered his young life to proclaim the faith, inspire us to follow our Lord and serve Him.

Mama Mary, our model of discipleship, lead us closer to your Son.

As an opening song, Halina, Hesus, Halina or any appropriate song is sung.

2. Rosary

Opening prayers: Apostles’ Creed... Our Father... 3 Hail Mary’s... Glory...



First Mystery: The Baptism of Jesus in the Jordan River

a. Reading from Scripture

Then Jesus came from Galilee to the Jordan to be baptized by John. But John tried to deter him, saying, “I need to be baptized by you, and do you come to me?” Jesus replied, “Let it be so now; it is proper for us to do this to fulfill all righteousness.” Then John consented. As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, “This is my Son, whom I love; with him I am well pleased.” [Mt 3:13-17]

b. Reflection and Prayer

“Through Baptism, which brings us to new life, the Holy Spirit abides in us and inflames our minds and hearts. The Spirit shows us how to know God and to enter into ever deeper friendship with Christ. It is the Spirit who encourages us to do good, to serve others and to give of ourselves.” (WYD2013 Message, no. 3)

St. Pedro Calungsod, your faith in God received at Baptism grew stronger as you diligently tried to know the truths of the Catholic faith. It is by your faith that you chose to do good, to serve others and to give of yourself in the Marianas Islands. Encourage us to read and study our Catholic Catechism regularly. Help those who have gone astray and left the true faith that they received at Baptism to rediscover its beauty. Make us understand that studying and growing in our faith is not only for children but is also a responsibility of every Christian, so that like you, we may also be strong in faith, always embracing our identity as God’s beloved children.



Join us now as we pray for those entrusted the task of instructing us in the faith, as you were: from the Pope and all the bishops, to the clergy, religious and lay catechists, that they may always be faithful and true to Christ who remains to be the same today as he was yesterday and as he will always be eternally.

Our Father... 10 Hail Mary’s... Glory... O my Jesus...

Second Mystery: The First Miracle of Jesus at the Wedding Feast in Cana

a. Reading from Scripture

On the third day a wedding took place at Cana in Galilee. Jesus’ mother was there, and Jesus and his disciples had also been invited to the wedding. When the wine was gone, Jesus’ mother said to him, “They have no more wine.” “Woman, why do you involve me?” Jesus replied. “My hour has not yet come.” His mother said to the servants, “Do whatever he tells you.” Nearby stood six stone water jars, the kind used by the Jews for ceremonial washing, each holding from twenty to thirty gallons. Jesus said to the servants, “Fill the jars with water”; so they filled them to the brim. Then he told them, “Now draw some out and take it to the master of the banquet.” They did so, and the master of the banquet tasted the water that had been turned into wine. He did not realize where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside and said, “Everyone brings out the choice wine first and then the cheaper wine after the guests have had too much to drink; but you have saved the best till now.” What Jesus did here in Cana of Galilee was the first of the signs through which he revealed his glory; and his disciples believed in him. [Jn 2:1-11]

“Go and make disciples of all nations” [Mt 28:19]



b. Reflection and Prayer

“A disciple is a person attentive to Jesus’ word [cf. Lk 10:39], someone who acknowledges that Jesus is the Teacher who has loved us so much that he gave his life for us. Each one of you, therefore, should let yourself be shaped by God’s word every day. This will make you friends of the Lord Jesus and enable you to lead other young people to friendship with him.” (WYD2013 Message, no. 2)

St. Pedro Calungsod, it is by your strong faith and deep love for our Lord that made you a loyal friend to Fr. Diego Luis de San Vitores and others. Even if you faced a violent death, you did not betray nor forsake your friends, just as you never denied Christ nor left the faith in the midst of persecutions. Help us to be true to our friendship with Jesus. Teach us to love our friends in the way Christ loves each one of us. Protect us from friendships which satisfy us only momentarily, which dry us up and leave us spirit-less; bless us and our friends with the desire to fill one another with joy that can only come from You.

Join us now as we pray for the sanctification of our friends, for the reconciliation of those who are not in conflict, for the consolation of the orphans and the lonely, and for the protection of the youth from false friendship.

Our Father... 10 Hail Mary’s... Glory... O my Jesus...

Third Mystery: The Proclamation of the Kingdom of God

a. Reading from Scripture

After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. “The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!” [Mk 1:14-15]

“Go and make disciples of all nations” [Mt 28:19]



b. Reflection and Prayer

“When you proclaim the Gospel, you yourselves grow as you become more deeply rooted in Christ and mature as Christians. Missionary commitment is an essential dimension of faith. We cannot be true believers if we do not evangelize. The proclamation of the Gospel can only be the result of the joy that comes from meeting Christ and finding in him the rock on which our lives can be built.” (WYD2013 Message, no. 2)

St. Pedro Calungsod, the grace of faith that God gave you was never in vain. Leaving your family and homeland as a young teenager, you already shared your faith with others in the Marianas Islands. Despite the hard life and the cruel persecutions, you did not abandon the mission. Give us a share of your zeal in sharing the Gospel, so that people may come to know and believe in the Lordship of Jesus Christ even through our daily ordinary words and actions. Attract the young people by your example, so that they may use their talents and energies to share their Catholic faith with others. Help those whom our Lord has called to the priesthood or to the religious life to be generous to God and neighbor by following the divine call and to remain faithful to their vocation for the proclamation of God’s Kingdom.

Join us now as we pray for the perseverance and fruitfulness of all the missionaries of the Church.

Our Father... 10 Hail Mary’s... Glory... O my Jesus...



Fourth Mystery: The Transfiguration of Our Lord Jesus

a. Reading from Scripture

About eight days after Jesus said this, he took Peter, John and James with him and went up onto a mountain to pray. As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. Two men, Moses and Elijah, appeared in glorious splendor, talking with Jesus. They spoke about his departure, which he was about to bring to fulfillment at Jerusalem. Peter and his companions were very sleepy, but when they became fully awake, they saw his glory and the two men standing with him. As the men were leaving Jesus, Peter said to him, “Master, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah.” (He did not know what he was saying.) While he was speaking, a cloud appeared and covered them, and they were afraid as they entered the cloud. A voice came from the cloud, saying, “This is my Son, whom I have chosen; listen to him.” [Lk 9:28-35]

b. Reflection and Prayer

“When faced with difficulties in the mission of evangelizing, perhaps you will be tempted to say, like the prophet Jeremiah: ‘Ah, Lord God! Behold, I do not know how to speak, for I am only a youth’. But God will say to you too: ‘Do not say, *I am only a youth*; for to all to whom I send you you shall go’ [Jer 1:6-7]. Whenever you feel inadequate, incapable and weak in proclaiming and witnessing to the faith, do not be afraid. Evangelization is not our initiative, and it does not depend on our talents. It is a faithful and obedient response to God’s call and so it is not based on our power but on God’s.” (WYD2013 Message, no. 6)

St. Pedro Calungsod, you helped pacify the warring natives in the Marianas. You did not carry any weapon for protection when your life



was in danger. You did not retaliate even if it was easy for you to defeat your aggressors. You showed how great, how resplendent, how glorious true love can be. Look with compassion on our hearts, on our families, on our society, on our country and on all peoples of the world where hatred and war would like to dominate. Help us to be humble and to learn to forgive. Teach us the way of peace, the way of remaining in and following Jesus, so that we may be worthily called children of God.

Join us now as we pray for the peace which only God can give to reign in the world.

Our Father... 10 Hail Mary’s... Glory... O my Jesus...

Fifth Mystery: The Institution of the Holy Eucharist

a. Reading from Scripture

While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, “Take it; this is my body.” Then he took a cup, and when he had given thanks, he gave it to them, and they all drank from it. “This is my blood of the covenant, which is poured out for many,” he said to them. “Truly I tell you, I will not drink again from the fruit of the vine until that day when I drink it new in the kingdom of God.” [Mk 14:22-25]

b. Reflection and Prayer

“I encourage you to make prayer and the sacraments your foundation. Authentic evangelization is born of prayer and sustained by prayer. We must first speak with God in order to be able to speak about God. In prayer, we entrust to the Lord the people to whom we have been sent, asking him to touch their hearts... Find in the Eucharist the wellspring of your life of faith and Christian witness, regularly attending Mass each



“Go and make disciples of all nations” [Mt 28:19]

Sunday and whenever you can during the week. Approach the sacrament of Reconciliation frequently. It is a very special encounter with God’s mercy in which he welcomes us, forgives us and renews our hearts in charity.” (WYD2013 Message, no. 6)

St. Pedro Calungsod, the threat of death did not stop you from continuing your mission to spread the Catholic faith in the Marianas Islands. Instead, you gained courage by being prepared always to face the Divine Judge through a regular and frequent reception of the Sacrament of Confession. Make us understand that sin is the real cause of our anxieties and sadness. Teach us to acknowledge our sins and to be truly sorry for them. Guide us toward a regular and frequent reception of the loving mercy and forgiveness of God in the Sacrament of Confession. Encourage us to do penance for the good of our souls. With pure hearts may we share our joy in receiving Jesus here on earth in the Eucharist, and in eternity, in contemplating the face of God forever.

Join us now as we pray for our conversion and the conversion of sinners.

Our Father... 10 Hail Mary’s... Glory... O my Jesus...

Closing prayers: Hail Holy Queen... O God, whose only begotten Son... Eternal rest...

3. Eucharistic Celebration with Send-Off Ritual

If the Holy Eucharist is available at the end of the program, the following part is to be done after the post-communion prayer.

Facilitator: The command of Jesus to His disciples to go on mission is a command to all of us as well, to proclaim the Good News to the whole of creation. We are now being called to respond to this invitation and share in His mission.



“Go and make disciples of all nations” [Mt 28:19]

Presider: With fervent prayers and faithful sacramental lives, ongoing formation and efforts to serve, we will become mature and responsible followers of Christ. Let us call to mind that by following Him we are assured that He will accompany us with generosity and joy.

Participants: We continue our journey towards the realization of the Kingdom of God. We invite Jesus to embrace us and to dwell in our hearts as we say, “Here I am, send me!” [Is 6:8]

Presider: Let us bow our heads and allow the Spirit to animate us as we equip ourselves for the mission entrusted to us.

“Dear young friends, as you return home do not be afraid to be generous with Christ, to bear witness to His Gospel. Jesus is counting on you! The Church is counting on you! The Pope is counting on you!” (Pope Francis, WYD2013 Closing Mass)

May Mary, the Mother of Jesus and our Mother, always accompany us with her tenderness: Go and make disciples of all nations.

May the good Lord bless you, the Father, the Son and the Holy Spirit.

Participants: Amen.

Suggested Closing Song: “Hope of the Dawn”, “Tell the World of His Love”, “Send Us Forth”

While the closing song is sung, each participant receives a “Missionary Cross” to serve as a reminder for them to do their task as new generation missionaries.

“Go and make disciples of all nations” [Mt 28:19]



HOPE OF THE DAWN

{WYD2013 theme song}

Under the shadow, marked forever
With the sign of the Redeemer
On the hilltop, Corcovado,
The whole world is filled
with His love.

*Christ invites us:
Come to Me, be My friends
Christ, He sends us
“Be missionaries!”*

Can you see it, it is springtime?
We have the hope of a dawn!
Can you hear Him? He is calling.
Receive His gift of faith.

Can you imagine, if every nation,
Every tribe and tongue,
this generation
Saying no to war, no to hatred?
Love, peace and goodness reigns.

*Christ invites us:
Come to Me, be My friends
Christ, He sends us
“Be missionaries!”*

From the East to the West
Our house is open, has no door
Our land has no fences
There are no limits to our love

We are scattered through the world
But we all keep the very same zeal
It’s Your grace that sustains us
And keeps us faithful to You

*Christ invites us:
Come to Me, be My friends
Christ, He sends us
“Be missionaries!”*

We hear You, as You say
"Go make disciples, of all nations.
A new people, in unity:
Bring their hearts to Me."

Proclaiming Your gospel
Lives are changed; we’re not the same
A new creation; the old has gone
We know a new world will come!

*Christ invites us:
Come to Me, be My friends
Christ, He sends us
“Be missionaries!”*

“Go and make disciples of all nations” [Mt 28:19]



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“Go and make disciples of all nations” [Mt 28:19]



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